

## MAIN POINT

We were not meant to do life alone. We were meant to hold each other up. When we want to try to do life alone... especially the Christian life, we will fail. In life we WILL have pain, we WILL have struggles... so we need to have others around us to speak life into our hearts when all we feel is pain and discouragement.

## DISCUSSION QUESTIONS

As Adonis looked in the mirror, Rocky said to him that in life, the person in the mirror is your greatest opponent. In your groups, talk about the ways that you may be your harshest critic. What struggles do you face that you might be bringing on yourself?

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"Everything I've got has moved on, but I'm still here."

Do you feel like maybe your life has mostly passed you by? God has a plan and purpose for each of us... no matter what point we are at. Talk about the place where you are in life. What wisdom do you have to share with someone else? Who can you look to to be that person to come along side you and impart their wisdom?

Read Titus 2:1-8 What does Paul say about the older teaching the younger?

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Nehemiah 4:8 Fight! Who in your life do you need to fight for? Who needs to be reminded of God's grace? Who in your work place needs encouragement? Who can you come alongside to fight for?

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Matthew 6:34 says "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble." One step, one punch, one round at a time. We need to remember to take troubles one day, one hour, one moment at a time. Whatever the enemy is... addiction, failing marriage, finances... two are always better than one. If you are ready to quit because you feel like you've lost the last round, talk to your group about your last round... and what your next step can be.

## APPLICATION QUESTIONS

What does it mean for you to lose the battle but you really are winning the war?

Read 2 Corinthians 4:16-18. Sometimes we can get so fixated on overcoming the trial that we forget to see the blessing that came by fighting the trial. Talk to your group about a time when you went through something... only to be blessed in a way that could never have happened had that trial not come?