

MAIN POINT

Gratitude- the quality of being thankful; readiness to show appreciation.

It is a posture in which we live our lives. But we live in a culture that thrives on discontentment. A culture known more for entitlement than thankfulness.

DISCUSSION QUESTIONS

Read Luke 17:11-18. Jesus heals the 10 lepers. They were infected with a disease that not only robbed them of the use of parts of their bodies, but the social ramifications reached every part of their lives. They were ostracized by some, avoided by most and disgusted by all. Look at those around us today. Talk in your groups about who you think Jesus would have seen as the lepers in today's culture. The drug addicts? The elderly? Who would Jesus go to today to touch with his presence.

Leprosy. What would you do if you were healed from this disease? What do you think happened to the other 9? Was it entitlement? Preoccupation? The very one that gave them the blessing became secondary to the blessing. Talk about a time where you received such an amazing blessing that you had the choice to give God the glory or take the blessing and run... forgetting about the giver. Talk about how you can be the ONE and not the nine.

Areas where discontentment arises:

1. Material and financial
2. Relational
3. Spiritual

1. Gratitude is a choice
 - perception is the difference. We get to choose.
 - glass half full or half empty
 - when you change the way you look at things, the things you look at begin to change.
2. Gratitude changes our attitude

APPLICATION QUESTIONS

3. Gratitude is a response. It is worship. It is recognizing the Person behind the gifts. Psalm 100:4, 95:2.
 - we get there by giving praise not just because of what he does for us, but because of who He is.
 - What things in your life do you choose to dwell on and complain about? Pray that God's spirit would help you catch those moments and remove them as they happen.
- This week, everything good thing that happens to you, give credit and praise to God, and see what happens.